

22755 Heslip Dr.

**COMPLETE  
SPORTS  
TRAINING**

734-406-7048

# *CATCHING DEVELOPMENT WITH COACH WALTHER*

FUNDAMENTALS / BLOCKING / MECHANICS

*AGES: 10 & UP*

*LIMITED AMOUNT OF SPOTS*

*Jan 4, 11, 15*

*7-8PM*

*ONLY \$125 PER PLAYER!*

*3 SESSIONS OF TRAINING*

- **CATCHING FUNDAMENTALS:** Coach Walther do an assessment of catching basics and focus on improving core fundamentals
- **BLOCKING:** Coach Walther will spend a good portion of time working with the catchers on blocking techniques & strategy
- **MECHANICS:** It's essential to have good mechanics and not just a strong arm to be a successful catcher. Mechanics will be a focal point of these 3 sessions.

Complete Sports Training

[www.completesportsnovi.com](http://www.completesportsnovi.com) (734) 406-7048

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